



## KIDS FOR RUNNING

### Intermediate and Middle School

Kids for Running is a great way to get kids active and to teach them to set goals and work toward them while supporting one another.

Practices will occur Mondays and Wednesdays immediately after school at the Intermediate School. We'll run outside in all weather (except lightning) starting April 13th.

The program culminates in the 5K (3.1 mile) Bellin Run (or virtual run) on June 14, 2025.

If your Intermediate or Middle School student is interested in running, please complete the following link:

[LINK](#).

Dr. Kohl or Mrs. Pawlowski will be in touch soon with more details.

Program information from Bellin can be found at [Bellin KIDS FOR RUNNING](#)